STEWART
TALENT

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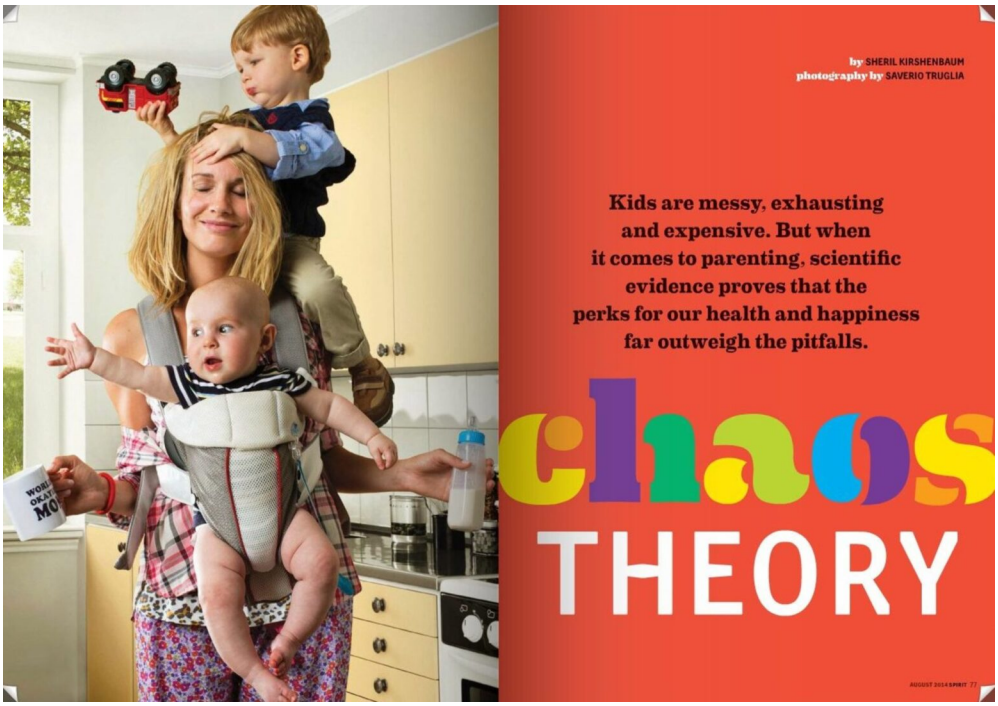

by SHERIL KIRSHENBAUM
photography by SAVERIO TRUGLIA

Kids are messy, exhausting and expensive. But when it comes to parenting, scientific evidence proves that the perks for our health and happiness far outweigh the pitfalls.

chaos THEORY

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